

Letter To the Editor: Thank You

Did you know that most accidents occur at home? Well, the day after Christmas, I became part of this statistic. Unfortunately, I fell at home and fractured my ankle. So for the next several weeks my leg is in one of those “new” air casts and I am walking with a cane. Call me old fashioned, but I prefer the old type plaster casts as I had when I was a teenager and broke my foot! Or maybe it is just that breaking a bone is a lot easier when you are a teenager and a lot harder when you are older (I hope you didn’t expect me to reveal my age)!

What this accident has shown me is how even the simplest of tasks has become so difficult. Just taking this air cast off at night to sleep (or rather try to) and then putting it on in the morning is a two person job. Thankfully, my family has been a big help.

What this has also shown me is how kind and thoughtful most people are and how lucky I am to have such wonderful friends and family. Most of us are just so busy that we take the small things people do for us for granted. I know I did. But now it is these small things that really stand out and make a difference.

I just wanted to say thank you to that stranger who held the door open for me. Thank you to that person who slowed down and stopped so that I could get across the street or parking lot. Thank you to the stranger who helped close my car door. Thank you to the person who offered to put my bags in the car. Thank you to my friends and family for offering to do whatever they could to help!

If you do see someone who looks like they need some assistance, please help them. Even if they forget to say thank you, I know that they truly appreciated your help. I wish you much health and happiness in the New Year!

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